Ref: SBN/Holiday Sports Camp

Friday 13th November

Re: Q3 Langley Holiday Sports Camp expression of interest

Dear Parents/Carers,

I am delighted to inform you that we are planning on hosting the first ever Q3 Holiday Sports Camp here at Q3 Academy Langley over the Christmas holiday period. There will be a limited number of student places. Initially to gauge interest and success this will be a 1-day event on **Monday 14th December** and will include the following itinerary ;

- 8.30am Arrival in **Q3 PE Kit**
- 8.50am- Untroduction and expectations for the day
- 9.00-11.00am- Practical session 1
- 11.00-11.10am- Break
- 11.15-11.45am- Sport specific fitness activity
- 11.45-12.15pm- Lunchtime **(own packed lunch)**
- 12.15-12.45pm- Interactive theory/quiz session
- 12.50-1.50am- Competition and small-sided games
- 1.50-1.55pm- Cool down
- 2.00pm- Collection

The day will be **free of charge** and if you are interested in the above event, please complete the information overleaf no later than **Friday 27th November**. We are aiming to make this a regular event during the holidays and once a success we are aiming to make this more individualised for students who can request elements of their game with which they want help in. Please do not hesitate to contact Mr Benyon at the Academy should you have any further questions.

Yours faithfully,

Mr S Benyon: BA MA
Deputy Head of Year: Year 8
Teacher: Physical Education and Child Development
☎ **0121 516 7070 Extension: 1726**
✉ **s.benyon@LAN.merciantrust.org.uk**

Life to the full in pursuit of what is good, right and true.

Re: Q3 Langley Holiday Sports Camp expression of interest

(Student Name) _____ in _____ *(Year and Tutor Group)* would like to attend the Q3 Langley Holiday Sports Camp **Monday 14th December 2026.**

Signed (Parent/Carer): _____

Print Name: _____

Date: _____

Parent/Carer email address: _____

Please return this slip to Reception, by no later than Friday 27th November 2026

Please state the sport that you would be interested in (please select only one)

Football ☐

Netball ☐

Multi-Sports ☐

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Q3 Academy Langley
Moat Road
Oldbury B68 8ED

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E enquiries@q3langley.org.uk
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