	Yr 7 Content	Yr 8 Content	Yr 9 Content	Yr 10 Content	Yr 11 Content
Cycle 1	**Health and Wellbeing** **Who Am I?**	**Health and Wellbeing** **What Is a Healthy Lifestyle?**	**Health and Wellbeing** **What Is County Lines?**	**Health and Wellbeing** **How Can I Stay Safe With Drugs and Alcohol?**	**Health and Wellbeing** ****One off unit for current Year 11 cohort***
1	**REFRESH**	**REFRESH**	**REFRESH**	**REFRESH**	**REFRESH?**
2	Dealing With Change	Diet	County Lines	Legal and Illegal Drugs	Reproductive Health
3	Self-identity	Sleep	Criminal Exploitation	Associated Risks	Reproductive Health
4	Self-Identity	Screen Time	Grooming	Alcohol Consumption	Pregnancy and Miscarriage
5	Being Respectful	Dental	Signs	Risky Behaviour	IVF
6	Friendships	Vaccination	Gang Crime	Addiction and Dependency	Abortion
7	Common Emotions	Exercise	Knife Crime	Prescription Drugs	Abortion
8	Puberty – Physical	Mental Wellbeing	Getting Help	Smoking	Raising Children
9	Puberty - Emotional	Healthy Lifestyles	Wider Impact	Other (vaping, balloons etc)	Adoption
Cycle 2	**Relationships** **What Is a Healthy Relationship?**	**Relationships** **What Is a Healthy Relationship?**	**Relationships** **What Is Appropriate?**	**Relationships** **What Is Appropriate?**	**Relationships** **What Is Appropriate?**
1	**OMR**	**OMR**	**OMR**	**OMR**	**OMR**
2	Types of Relationships	Romantic Relationships	Healthy, Intimate Relationships	Managing Sexual Pressure	Pornography and the Law
3	Healthy Relationships and Friendships	Healthy Relationships	Dealing With Pressure	Delaying Sex	The Impact and Media Representation
4	Improving and Supporting Relationships	Unhealthy Relationships	Impact of Sexual Relationships	Impact of Choices	Pornography and Relationships
5	Conflict and Resolution	Impact of Relationships	Inappropriate Behaviour	Consent	Criminal Behaviour
6	Families and Parents	Marriage	Media Representation of Relationships	Criminal Behaviour	Harassment and Stalking
7	Parenting	Forced and Arranged Marriage	Catcalling Up skirting	Violent Behaviour	Sexual Violence
8	Adoption	Divorce and Cohabitation	Consent	Harassment and Stalking	Harmful Content Online
9	Fostering	Honour Based Violence	Gender Stereotypes	Getting Help and Reporting	Reporting and Getting Help
Week	**Y7 Content**	**Y8 Content**	**Y9 Content**	**Y10 Content**	**Y11 Content**
Cycle 3	**Living in the Wider World**	**Living in the Wider World**	**Living in the Wider World**	**Living in the Wider World**	**Living in the Wider World**

	How Do We Treat Others?	How Should I Behave Online?	How Do We Live In the Online World?	How Do We Manage Finances?	Finances **One off unit for current Year 11 cohort**
1	OMR	OMR	OMR	OMR	OMR
2	Stereotypes	Responsibility of Behaviour Online	Social Media	Earning Money	Earning Money
3	Equality Act	Online Risks – Material Sharing	Comparison to Others	Budgeting	Budgeting
4	Positions of Authority	How Is Data Collected and Shared?	Curated Lifestyles Online	Saving	Saving
5	British Values	Advertising	Over-reliance on Social Media	Bank Accounts	Bank Accounts
6	Democracy	Being a Discerning User	Nudes and Images	Spending and Credit Cards	Spending and Credit Cards
7	Democracy	Harmful Behaviour – Grooming	Revenge Porn	Taxes	Taxes
8	Living in Our Local Community	Harmful Behaviour - Bullying	Online Gambling	Mortgages	Mortgages
9	Online Behaviour	Harmful Content	Fraud and Hacking	Credit Score	Credit Score
Cycle 4	Relationships What Is Bullying?	Living in the Wider World What Is Extremism and Radicalisation?	Relationships How Can I Stay Safe?	Relationships What Options Are Available?	
1	OMR	OMR	OMR	OMR	
2	Types of Bullying	British Values	Contraception	Reproductive Health	
3	Cyber Bullying	Celebrating Diversity	Contraception	Pregnancy and Miscarriage	
4	Impact and Wellbeing	Media Representation	STI's	IVF	
5	Hate Crimes	Extremism and Radicalisation	STI's Impact	Abortion	
6	Prejudice	Signs of Extremism	Testing	Abortion	
7	Discrimination	Signs of Extremism	Sexual Health Clinic	Raising Children	
8	Bystanders	PREVENT Programme	Fertility	Adoption	
9	Reporting Bullying	Reporting Extreme Behaviour		Advice and Help	