

Q3 ACADEMY LANGLEY Spring/Summer

Week 3 Menu Nov 2021-Apr 2022

Day	Meat	Allergens	Vegetarian	Dessert
Monday	Sausage Roll Mashed Potato Peas & Carrots	Individual Meal Plan Via The School	Vegan Sausage Roll(V) Mashed Potato Peas & Carrots	Chocolate Sponge Cake
Tuesday	Boneless Roast Chicken Roast Potatoes Green Beans Gravy	Individual Meal Plan Via The School	Roast Quorn Fillet (V) Roast Potatoes Green Beans Gravy	Yoghurt Pot
Wednesday	Turkey Burger Wedges Mixed Vegetables Burger Bun Ketchup	Individual Meal Plan Via The School	Quorn Burger (V) Wedges Mixed Vegetables Burger Bun Ketchup	Chocolate Topped Ring Doughnut
Thursday	(Meat Free Thursday) Quorn Bolognaise Pasta Garlic Bread	Individual Meal Plan Via The School	(Meat Free Thursday) Quorn Bolognaise Pasta Garlic Bread	Vanilla Ice Cream Pot
Friday	Square Pizza (V) Chipped Potatoes Ketchup	Individual Meal Plan Via The School	Square Pizza (V) Chipped Potatoes Ketchup	Blueberry Mini Muffin

(V) Suitable for Vegetarians

The menu is subject to change at short notice due to availability of products.