

## Q3 ACADEMY LANGLEY Spring/Summer

### Week 1 Menu Nov 2021-Apr 2022

Day	Meat	Allergens	Vegetarian	Dessert
Monday	<b>Pork Sausage</b> Peas & Carrots Mashed Potato	<b>Individual Meal Plan Via The School</b>	<b>Quorn Sausage (V)</b> Peas & Carrots Mashed Potato	<b>Madeira Sponge Cake</b>
Tuesday	<b>BBQ Chicken Breast</b> Braised Rice Broccoli	<b>Individual Meal Plan Via The School</b>	<b>Roasted BBQ Vegetables(V)</b> Braised Rice Broccoli	<b>Chocolate Ice Cream Pot</b>
Wednesday	<b>Breaded Turkey Burger (BUN)</b> Wedges Baked Beans	<b>Individual Meal Plan Via The School</b>	<b>Southern Quorn Burger (V) (BUN)</b> Wedges Baked Beans	<b>Chocolate Topped Ring Doughnut</b>
Thursday	<b>(Meat Free Thursday) Quorn Dippers</b> Potato Croquettes Baked Beans	<b>Individual Meal Plan Via The School</b>	<b>(Meat Free Thursday) Quorn Dippers</b> Potato Croquettes Baked Beans	<b>Vanilla Ice Cream Pot</b>
Friday	<b>Hot Dog</b> Chipped Potatoes Ketchup Hot Dog Roll	<b>Individual Meal Plan Via The School</b>	<b>Quorn Hot Dog(V)</b> Chipped Potatoes Ketchup Hot Dog Roll	<b>Chocolate Mini Muffin</b>

(V) Suitable for Vegetarians

The menu is subject to change at short notice due to availability of products.