

# Venice Sports Tour

30<sup>th</sup> March – 6<sup>th</sup> April 2024



# School Expectations

Academy Ethos - Langley 24/7:

- SLANT;
- STEPS;
- Phones allowed, but will be collected at night.

# Ski Trip Expectations

- Mobile Phones (your responsibility, handed in each evening – bring an alarm clock!)
- Say 'yes' mentality!
- Respect the hotel rules at all times;
- Don't go anywhere unaccompanied by an adult without teacher consent;
- Be on time for all events;
- Positive representative of the Academy at all times;
- Tie long hair back and remove all jewellery during any sport related activities (with the exception of religious items);
- Have a fantastic time!

# GHIC/EHIC

Every family member needs their own card. You can add children to your application when you apply. You must enter your own (parent/carer) details first and apply for any additional cards when prompted.

If you've already completed your application and wish to add additional family members you'll need to contact NHS Overseas Healthcare Services:

**Telephone: 0300 330 1350**

**Monday to Friday, 8am to 6pm and on Saturday, 9am to 3pm.**



**If you have these with you today, please hand them in to Miss Deasy before you leave.**

**If you don't have them with you today, bring them to reception by 23<sup>rd</sup> February 2024**



# Staff

**Trip Leader:** Miss Stockdale (first aid)

**Deputy Leader:** Miss Deasy (first aid)

**Designated First Aider:** Mr Davis

**SLT Member:** Mr Snell

**Other attending staff:**

Mr Lowe (first aid)

Mr Benyon



# Lignano Sabbiadoro



- Approx 1 hr North of Venice
- Small tourist town next to the beach
- Bella Italia Village – host to Activ4 ‘Sport Fest’











Lignano ([youtube.com](https://www.youtube.com))





# Itinerary



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<b>Morning</b>		<b>Travel To Resort</b>	Breakfast	Breakfast	Breakfast	Breakfast	<b>Return to School</b>
			Coaching	Visit to Venice Including Water Taxi	Coaching/Netball Tournament	Prep for departure and maybe a last walk down to the beach after breakfast	
<b>Lunch</b>			Lunch	Packed Lunch	Lunch		
<b>Afternoon</b>	<b>Depart School</b>	<b>Check-in and site orientation (Maybe a 1st visit to the beach?)</b>	Fixtures/Coaching	Visit to Udine and Dacia Arena Tour	Fixtures/Netball Tournament	<b>Depart Resort</b>	
<b>Evening</b>	<b>Evening Ferry Crossing</b>	Dinner	Dinner	Pizza Night (Optional Extra)	Dinner	<b>Ferry Crossing</b>	
		Evening Walk into Town & Local activities	Quiz Night		Disco Night		

# Travel Arrangements



## Important!

**These times may change. The confirmed date of departure will be communicated in the parent meeting on Monday 18<sup>th</sup> March.**

Arrive at Q3 Langley no later than 13:00 on Saturday 30<sup>th</sup> March.

We will arrive back at Q3 Langley on Saturday 6<sup>th</sup> April at approximately 12:00 noon (updates of changes will be communicated nearer the time)

Please be aware that this trip is running during the second week of the Easter Holidays. Therefore, you need to ensure that all paperwork/queries are answered prior to breaking up on Friday 15<sup>th</sup> March 2024



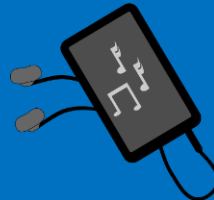
# The Coach



Keep bags and suitcases as small as possible – we have got to fit everything on the coach!



Your hand luggage should be small enough to store overhead / under your seat



It is a LONG journey!

On the journey, do not bring food and drink that would not be suitable for a coach journey.

Bring personal items to make the journey more enjoyable / comfortable but please use them considerately.

We recommend that you bring small pillow and blanket because the coach can get cold.

Wear lots of layers on the coach. It will be very warm during the day but very cold through the night!

Every single seat on the coach will be taken so don't bring anything you don't need!

When the coach driver decides it "lights out" then people will want to sleep so no noise – be respectful.

# Kit List

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning		Travel To Resort	Breakfast	Breakfast	Breakfast	Breakfast	Return to School
Lunch			Lunch	Packed Lunch	Lunch		
Afternoon	Depart School	Check-in and site orientation (Maybe a 1st visit to the beach?)	Fixtures/Coaching	Visit to Udine and Dacia Arena Tour	Fixtures/Netball Tournament	Depart Resort	
Evening	Evening Ferry Crossing	Dinner Evening Walk into Town & Local activities	Dinner Quiz Night	Pizza Night (Optional Extra)	Dinner Disco Night	Ferry Crossing	activ school tours Beyond The Classroom

These are weather averages for April. This is similar weather to April/May in the UK.

TEMPERATURE	12°C 54°F
HIGH TEMPERATURE	16°C 61°F
LOW TEMPERATURE	8°C 46°F
DAY TEMPERATURE	13°C 57°F
NIGHT TEMPERATURE	14°C 58°F
SEA TEMPERATURE	13°C 55°F
SUNSHINE HOURS	7 HOURS
RAINFALL DAYS	13 DAYS
RAINFALL	60 MM

## Q3 Academy Langley Venice Sports Tour Kit List

### Luggage restrictions:

- 1 x small bag for taking with you to activities
- 1 x medium suitcase/hold-all to go underneath the coach

### Kit for the coach:

- Comfortable clothing
- Underwear
- Toothbrush
- Toothpaste
- Deodorant
- Change of t-shirt
- Small pillow
- Warm blanket
- Snacks/food
- Water
- Your Tour hoodie

### Itinerary

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning		Travel To Resort	Coaching	Visit to Udine including Water Tax	Coaching/Netball Tournament	Prep for departure and maybe a last walk down to the beach after breakfast	Return to School
Lunch			Lunch	Packed Lunch	Lunch		
Afternoon	Depart School	Check in and site orientation (Maybe a 1st visit to the beach?)	Fixtures/Coaching	Visit to Udine and Dacia Arena Tour	Fixtures/Netball Tournament	Depart Resort	
Evening	Evening Ferry Crossing	Dinner Evening Walk into Town & Local activities	Dinner Quiz Night	Pizza Night (Optional Extra)	Dinner Disco Night	Ferry Crossing	activ school tours Beyond The Classroom

### Kit for the sports activities:

- Base layers
- Gloves/hats (football only)
- Coat
- Water Bottle
- Full Q3 Langley PE kit
- Q3 Langley football socks (football only)
- Sports socks or Q3 Langley football socks (netball only)
- Sports bra

\*We will be lending football and netball kit for tournaments\*

### Kit for Other Activities:

- Casual clothes for day trip to Football Stadium and Venice city
- Enough casual clothes for 5 evenings
- Swimming kit
  - Boys shorts
  - Girls one-piece swimwear only
- Suitable clothing for the disco

### General Kit

- Sun cream at least factor 30
- Towel
- Beach towel
- Washing bag
  - Shampoo/conditioner
  - Shower gel
  - Toothbrush
  - Toothpaste
- Underwear for at least 7 days
- Nightwear – not too thick, the rooms can get very warm

### Average Weather Information

TEMPERATURE	12°C 54°F
HIGH TEMPERATURE	16°C 61°F
LOW TEMPERATURE	8°C 46°F
DAY TEMPERATURE	13°C 57°F
NIGHT TEMPERATURE	14°C 58°F
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# The Rooms



Under no circumstances should any boys be found on the girls floor and vice versa.

You will be assigned a room and under no circumstances should you be in someone else's room: socialising can take place in the lounge or TV rooms

We will use this information to sort rooming as best we can and will inform you on arrival at the hotel which room you are with and with whom.

This is going to be a very tiring trip. When staff tell you it's lights out, go to sleep!

This will make sure that you can make the most of your time in Italy and are respectful of the other people in your room and surrounding rooms

# Contact whilst in Italy

Behaviour issues/concerns	Injury/illness issues/concerns
Staff will contact parents directly in the event of serious misbehaviour. any other contact will be through school reception.	In the event of medical attention being required i.e hospital/doctor, staff will contact parents directly.
Warning/loss of fun time	
Being removed from fixtures/tournaments and school will contact parents explaining why.	
School will arrange for you to be sent home at parents expense	

## Students

**Let your parents/carers have a break!**

**If you're worried about anything, speak to a member of staff not your parents/carers**



# Spending Money



- Students are in charge of all of their own spending money
- We recommend bringing around €50 – €75 spending money for the visit, as all meals are provided.

Students will need spending money for:

- Any food/snacks during all travel days. This will need to be a mixture of Euros and Pounds Sterling
- Souvenirs/food during Venice day trip
- Drinks during the disco
- Snacks from the on-site shop at Bella Italia Village

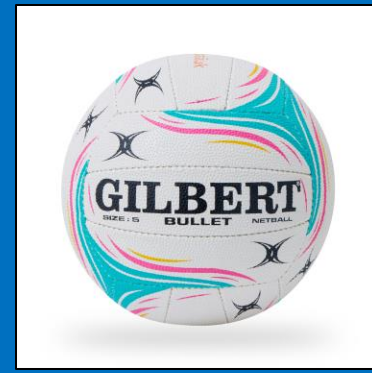
# Medication



- Hand in to reception by Friday 15<sup>th</sup> March 2024
- Clearly label all medication with your child's name, dosage and frequency
- Inhalers to stay with students at all times, but also clearly labelled
- Inhalers will be checked upon entry onto the coach
- Everybody must complete a medical form with Mr Davis this evening. Please state on the form if you give permission for us to administer paracetamol/ibuprofen



# Sports Teams



- Students will have chance to participate in coaching sessions and fixtures for football or netball throughout the tour
- To make sure that we are prepared for the matches, students are expected to attend extra-curricular football or netball on Tuesday, Wednesday and Thursday during WC 11<sup>th</sup> March and WC 18<sup>th</sup> March



# IMPORTANT!

Follow **@q3langleytrips** on Twitter to keep up to date with all of the latest photos.



Miss Stockdale School Phone Number:

07944879899

Miss Deasy School Phone Number:

07944880386

# IMPORTANT!



The final Venice Meeting will be on Teams on Monday 18<sup>th</sup> March from 4-5pm.

An initiation will be sent to you via email the week before the meeting.



Any Questions?



# Actions to take this evening



- Table 1: Direct any specific questions to Miss Stockdale
- Table 2: Check that you have handed all consent forms in with Mr Snell
- Table 3: Collect and complete a medication form from Mr Davis. **Make sure you state whether you consent to staff administering paracetamol or ibuprofen**



- Table 4: Give hoodie size to Mr Benyon
- Table 5:



Hand in your passport and GHIC card

Tell Miss Deasy if you are choosing to do netball or football