

Q3 ACADEMY LANGLEY Spring/Summer

Week 2 Menu Nov 2021-Apr 2022

Day	Meat	Allergens	Vegetarian	Dessert
Monday	Sausage Casserole Mashed Potato Green Beans	Individual Meal Plan Via The School	Quorn Sausage Casserole(V) Mashed Potato Green Beans	Yoghurt Pot
Tuesday	Grilled Chicken with Bolognese Sauce Braised Rice Garlic Bread	Individual Meal Plan Via The School	Grilled Quorn Fillet with Bolognese Sauce (V) Braised Rice Garlic Bread	Vanilla Ice Cream Pot
Wednesday	Build Your Own Cottage Pie Peas & Carrots	Individual Meal Plan Via The School	Build Your Own Quorn Cottage Pie(V) Peas & Carrots	Mini Blueberry Muffin
Thursday	(Meat Free Thursday) Cheese & Onion Pasty Potato Croquettes Baked Beans	Individual Meal Plan Via The School	(Meat Free Thursday) Cheese & Onion Pasty Potato Croquettes Baked Beans	Chocolate Ice Cream Pot
Friday	Fishwich Chipped Potatoes Baked Beans Ketchup	Individual Meal Plan Via The School	Vegan Nuggets(V) Chipped Potatoes Baked Beans Ketchup	Mini Jam Doughnut

(V) Suitable for Vegetarians

The menu is subject to change at short notice due to availability of products.