

Q3 ACADEMY LANGLEY Autumn/Winter

Week 2 Emergency Menu

Day	Meat	Allergens	Vegetarian	Dessert
Monday	Sausages Peas & Carrots Mashed Potato Ketchup	Individual Meal Plan Via The School	Quorn Sausages(V) Peas & Carrots Mashed Potato Ketchup	Yoghurt Pot
Tuesday	Chicken Korma Braised Rice Broccoli Florêts	Individual Meal Plan Via The School	Quorn Korma(V) Braised Rice Broccoli Florêts	Mini Jam Doughnut
Wednesday	Turkey Burger Wedges Burger Bun Mixed Vegetables Ketchup	Individual Meal Plan Via The School	Quorn Burger (V) Wedges Burger Bun Mixed Vegetables Ketchup	Mini Chocolate Muffin
Thursday	(Meat Free Thursday) Quorn Dippers Potato Croquettes Baked Beans	Individual Meal Plan Via The School	(Meat Free Thursday) Quorn Dippers Potato Croquettes Baked Beans	Vanilla & Chocolate Mousse Pot
Friday	Fishwich Chipped Potatoes Baked Beans	Individual Meal Plan Via The School	Cheese & Onion Pasty(V) Chipped Potatoes Baked Beans	Madeira Sponge Cake

(V) Suitable for Vegetarians



The menu is subject to change at short notice due to availability of products.